

Looking Ahead:

May

May Birthday and Kentucky Derby Party

Friday, May 2 • 10:30 A.M.

Big flowery hats, dancing, and horse racing - we'll have it all! Sign up by April 24th.

A Beautiful Noise -The Neil Diamond Musical

Wednesday, May 7 • Bus leaves at 6 P.M.

Broadway Series at Aronoff: An award-winning musical about the life and music of Neil Diamond.

Charter bus transportation included. **Cost: \$70**

Don't Miss Out!

With so many exciting programs at the Anderson Township Senior Center, you don't want to miss a thing!

Please renew your membership now. Fees remain the same as last year.

Check out event and program information on Facebook @FriendsOfAndersonTownshipSeniorCenter

Anderson Township Senior Center will be closed April 18.

Weekly Schedule - Anderson Township Senior Center Hours 9 a.m. to 2 p.m.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 a.m.	Silver Sneakers Cardio Oil Painting	Silver Sneakers - Strength and Balance	Woodcarvers Blood Pressure Check Walk and Talk	Silver Sneakers Yoga Watercolors	Silver Sneakers Cardio
10 a.m.	Bridge		Euchre Tone Chimes	Bridge	
10:30 a.m.					
11 a.m.		Better Balance Safer You*	Fun and Fitness*	Better Balance Safer You*	
11:30 a.m.	Lunch	Lunch	Lunch	Lunch	Lunch
12 p.m.		Quilters Mahjong			
12:15 p.m.	Line Dancing*				
12:30 p.m.		Choir - Sing Along	Cornhole - Open Play	Creative Circle	Garden Club - Third Friday

*Fee Charged

SENIOR Lifestyle

A PUBLICATION OF THE ANDERSON TOWNSHIP SENIOR CENTER

Spring Brings Exciting Senior Center Programs

Spring is in the air, as well as excitement about the variety of programs offered at the Anderson Township Senior Center!



Marty Brenneman

Baseball is back! Member favorite Marty Brenneman will speak on March 24 after returning from spring training in Arizona. He'll talk about the new players and about Terry Francona, the new head coach for the Cincinnati Reds. Marty will make his usual candid predictions about the 2025 season.

The Senior Center will host a Reds Pep Rally with representatives from the Reds Hall of Fame and will celebrate Opening Day.

Members can also visit Great American Ball Park on April 13 to see the Reds play the Pirates. On April 14, The Goldie Show returns to the senior center.

Our members were thrilled with Tim Goldrainer's high-energy entertaining show last fall, complete with funny songs, crazy jokes and even a cartwheel or two.



Tim Goldrainer

You don't want to miss this show-or any of the events in March and April at the senior center.

Winter Weather Closing Details

During inclement weather, please confirm the senior center is open by visiting the Anderson Township webpage AndersonTownshipOH.gov. You can also check the **Anderson Township Facebook page** or **The Friends of the Anderson Township Senior Center Facebook page**. If you do not have internet access, please contact the center at 513.474.3100 after 9 A.M.

Serve on the Senior Center Advisory Board

Anderson Township Senior Center members are invited to serve on the center's advisory committee. The advisory committee meets monthly and assists the Board of Township Trustees and staff with ensuring the center continues to foster a creative and intellectually stimulating environment that enhances the lives of Anderson's senior population.

For consideration, send a letter/email of interest to Steve Sievers at 7850 Five Mile Road, Anderson Township, OH 45230 or email ssievers@AndersonTownshipOH.gov.

POSITIVE MIND • POSITIVE VIBES • POSITIVE LIFE

MISSION STATEMENT • Through its operation of the Anderson Township Senior Center, Anderson Township will further its ongoing mission: "To provide services which protect and enhance the quality of life in our community."
AndersonTownshipOH.gov/senior-center

HOURS
Monday-Friday
9 a.m.- 2 p.m.
PHONE
513.474.3100

CLAIRE O'CONNELL
Activities Manager
COConnell@AndersonTownshipOH.gov
JANEL SCHAEFFER
Member Services Coordinator
JSchaeffer@AndersonTownshipOH.gov

March

Photos of Scotland

Monday, March 3 • 10:30 A.M.

Member Mike Rank will share his photographs of this beautiful and historic country.

Guitar Music with Jon Armstrong

Monday, March 3 • 11:30 A.M.

Memory Cafe

Tuesday, March 4 • 10:30 A.M.

A comfortable gathering that allows people with dementia and their caregivers to socialize and engage in fun activities.

Mark Huffman on Flute

Tuesday, March 4 • 11:15 A.M.

Country Music with Drake

Wednesdays, March 5 and 19 • 11:30 A.M.

Juniors Helping Seniors Technology Support

Thursday, March 6 • 3:15 P.M.

Students from Turpin High School will present information about taking and sharing photos and then offer individual support with cell phones, laptops and tablets.

The Spring Skies

Friday, March 7 • 10:30 A.M.

Astronomer Dean Regas will return to discuss the constellations and planets we see in the skies and give a preview of the March 13 lunar eclipse.

Folk Music with Dave Sanders

Friday, March 7 • 11:30 A.M.

The Navajo Code Talkers

Monday, March 10 • 10:30 A.M.

Historian Diane Shields will share this amazing WWII story, when the complex, unwritten Navajo language was used as a secret code.

Piano Music Through the Ages with Jonathan Carlisle

Monday, March 10 • 11:30 A.M.

Beautiful Harp Music

Tuesday, March 11 • 11:30 A.M.

March Madness Breakfast

Wednesday, March 12 • 9 to 10 A.M.

Which team are you cheering for - Team Pancakes or Team Omelet? Sign up at the front desk for this complimentary start to the day.

Vermont Trip Information

Wednesday, March 12 • 10:30 A.M.

Tripping With Dorothy will give information and answer your questions about an upcoming bus trip to Vermont. All welcome.

Greeting Card Classes

Thursday, March 13 • 10:30 A.M.

Make beautiful greeting cards to take home. Sign up early for this popular class. **Cost: \$2**

Piano Music with Annie

Fridays, March 14 and 28 • 11 A.M.

March Birthday and St. Patrick's Day Party

Monday, March 17 • 10:30 A.M.

Wear green, dance to the music of Wild Carrot, and watch the Erickson Irish Dancers. Sign up by March 7.

Brain Health: The Dementia Virtual Experience

Tuesday, March 18 • 9 A.M.-1 P.M.

Sign up for individual sessions simulating dementia. Meant to build empathy and compassion in caregivers and others.

Red's Pre-Season Pep Rally

Wednesday, March 19 • 10:30 A.M.

Representatives from the Cincinnati Reds Hall of Fame will talk about the new players, new staff and the 2025 baseball season.

Folk Music with Seldom the Same

Thursday, March 20 • 10:30 A.M.

Managing and Treating Arthritis

Friday, March 21 • 10:30 A.M.

Dr. Suresh Nayak from OrthoCincy will speak about operative and nonoperative treatments and answer your questions on this common condition.

A Visit from Marty Brennaman

Monday, March 24 • 10:30 A.M.

Hear Marty's predictions for this year with a new coach and new players. Wear your Reds gear! Sign up for a special lunch served after the presentation.

Book Blitzers

Monday, March 24 • 12:30 P.M.

Discussing *The Life Impossible* by Matt Haig

The Ohio Consumer Council and the Senior Medicare Patrol

Tuesday, March 25 • 10:30 A.M.

In honor of Consumer Awareness Month, these groups will discuss ways to avoid Medicare fraud and utility scams.

Guitar Music with Dave Ridenour

Wednesday, March 26 • 11 A.M.

Opening Day Lunch

Thursday, March 27 • 11:30 A.M.

Sign up to watch the parade on our large screen and enjoy a special lunch.

Cincinnati Amusement Park History

Friday, March 28 • 10:30 A.M.

Member Nick Rehtin will talk about this fun topic: Where did you spend your summer days?

Veteran Affairs Information

Monday, March 31 • 10:30 A.M.

Learn about survivor benefits for veterans and their families.

April

Memory Cafe

Tuesday, April 1 • 10:30 A.M.

Mark Huffman on Flute

Tuesday, April 1 • 11:15 A.M.

Country Music with Drake

Wednesdays, April 2 and 16 • 11:30 A.M.

Folk Music with Dave Sanders

Friday, April 4 • 10:30 A.M.

Bingo at Harmony of Anderson

Friday, April 4 • 2 P.M.

Meet at this senior living community at 6201 Clough Pike for an afternoon of fun!

The Legacy of Charlie Harper

Monday, April 7 • 10:30 A.M.

Brett Harper, son of famous wildlife artist Charlie Harper, will discuss his father's life and work.

Donuts and a Drone with a Deputy

Tuesday, April 8 • 10:30 A.M.

Deputy Campbell returns to answer your questions about safety in area. There will also be a demonstration outside if weather permits of the Hamilton County crime-fighting drone .

Greeting Card Class

Thursday, April 10 • 10:30 A.M.

Make a beautiful greeting Cards to take home. Sign up early for this popular class. **Cost \$2**

Juniors Helping Seniors Technology Support

Thursday, April 10 • 3:15 P.M.

The students from Turpin High School will present information on social media and then offer individual support with cell phones, laptops and tablets.

Mystery: Who Killed JonBenet Ramsey?

Friday, April 11 • 10:30 A.M.

Author J.T. Townsend returns to review the evidence on this 25-year-old mystery.

Annie on the Piano

Fridays, April 11 and 25 • 11 A.M.

The Cincinnati Reds vs. The Pittsburgh Pirates

Sunday, April 13 • Bus leaves at noon

Let's cheer on the Reds in reserved lower-level seats after an all-you-can-eat lunch buffet. Transportation by charter bus. **Cost: \$80**

The Goldie Show is Back!

Monday, April 14 • 10:30 A.M.

Tim Goldrainer returns with his high-energy musical show. You don't want to miss this repeat performance!

Brain Health: Mind Games

Tuesday, April 15 • 10:30 A.M.

Author Patricia Faust will return to lead us in mind games and puzzles that can keep our memory sharp! Her book will be available for purchase.

April Birthday Party and Spring Fling

Wednesday, April 16 • 10:30 A.M.

We welcome the famous Dancing Grandmas to our celebration, along with a delicious lunch and a few surprises. Sign up by April 8.

Seldom the Same

Thursday, April 17 • 10:30 A.M.

Belterra Park

Thursday, April 17 • 11 A.M.

Meet at Belterra Park, 6301 Kellogg Road. Complete the manifest form at the front desk by April 8.

Opera Singer Maria Callas

Monday, April 21 • 10:30 A.M.

Historian Diane Shields will tell about the life of this opera diva, her successes, struggles and scandals.

Guitar Music with Jon Armstrong

Monday, April 21 • 11:30 A.M.

Parks 101

Tuesday, April 22 • 10:30 A.M.

Celebrate Earth Day by learning about our Anderson Township parks and what makes each one unique. Speaker is Parks Director Ken Kushner.

Guitar Music with Dave Ridenour

Wednesday, April 23 • 11 A.M.

Book Blitzers

Monday, April 28 • 12:30 P.M.

Discussing *Framed* by John Grisham and Jim McCloskey

Spring Shine

Tuesday, April 29 • 10:30 A.M.

Our own members will perform in the choir and on the ukulele and tone chimes.